

# Easy Peasy Foodie

## **Easy Peasy Christmas Dinner Shopping List**

To go with my Easy Peasy Christmas Dinner Time Plan, I have created my Easy Peasy Christmas Dinner Shopping List which lists out all the ingredients you need to buy to make all the recipes on my Easy Peasy Christmas Dinner Menu.

The quantities on my shopping list are for 6-8 people. If you are catering for a different number, just divide my quantities by 6 and times by the number you are catering for.

Bear in mind that you will need approximately 500g turkey per person if you are cooking a whole turkey, 325g turkey per person if you are cooking a turkey crown and 250g per person if you are cooking a turkey breast joint.

I've separated out the additional ingredients you will need for the red cabbage, turkey stock and stuffing balls as you may decide you don't want to make these or would rather buy the ready-made versions.

### **Main Shopping List:**

- 1kg potatoes
- 1kg parsnips
- 500g carrots
- 1 large red onion (or two smaller ones)
- 1 bulb of garlic
- 3 sprigs of rosemary
- 500g ready prepared sprouts
- 3kg turkey
- 400g chipolatas wrapped in bacon
- 500ml turkey stock (or make your own turkey stock)
- 400ml milk
- Butter
- 300ml brandy cream
- Plain flour
- 1 x jar cranberry sauce
- 1 x bread sauce packet mix
- Olive oil
- Salt and pepper
- Honey
- Wholegrain mustard
- 454g Christmas pudding

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## **Red Cabbage:**

500g red cabbage  
2 small red onions  
1 large Bramley apple  
Ground nutmeg  
Ground cinnamon  
Cloves  
Brown sugar  
Red or white wine vinegar

## **Turkey Stock:**

1 bag turkey giblets (or 1 chicken carcass)  
1 onion  
2 carrots  
Black peppercorns  
Bay Leaves  
Rosemary and/or thyme  
Parsley

## **Stuffing Balls:**

1 red or white onion  
200g white breadcrumbs  
Dried sage  
Dried mixed herbs  
1 egg